

17th Annual Salem Road Race USATF Certified race course # CT07028JHP Application

Saturday April 10th 2010 - Salem Elementary School, 200 Hartford Road, Salem, CT

FRIDAY APRIL 9 SALEM SCHOOL PRE-RACE REGISTRATION & T-SHIRT PICK UP

6:30 -8:30 p.m. Salem School front main entrance lobby

Please print out, complete, and send with your application fee to: Rick Konon, 44 Caisson Road, Colchester, CT 06415-2100.

Make checks payable to: Road Race Management. Pre-registration must be postmarked no later than Tuesday, April 6, 2010.

5K Race - \$18.00 pre-registered ~ \$20.00 on Race Day & at Friday's pre-race registration & t-shirt pick up

Maximum 5K Family entry fee - \$50.00, pre-registration only, and includes 2 t-shirts. ~ Computer Chip timing by The Last Mile ~

One Mile Family Fun Run - \$8.00 per entrant and includes a T-shirt!

Maximum One Mile Family Fun Run entry fee - \$20.00, includes 2 t-shirts, no registration or entry fee for adults running with a child.

Active.com on line registration link <http://www.active.com/running/salem-ct/salem-road-race-2010>

For questions, additional info, or to become a sponsor contact Rick Konon - e-mail: r-kon@sbcglobal.net or call 860-537-4597

7:30 a.m. Race day registration begins, One Mile Family Fun Run 9:00 a.m., 5K Race 10:00 a.m. sharp!
This year's race benefits: Children's Cardiomyopathy Foundation.

Salem Road Race-Registration Form ****Help us spell your name correctly, Please Print neatly****

In consideration of acceptance of this entry, I the undersigned, intending to be legally bound, do hereby for myself, my children, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against any and all race sponsors, directors, volunteers, hired services, facilities or the cities and towns in which this race and fun run is contested, their representatives, successor or assigned, for any injuries suffered by me in said event or to and from such event. I attest and verify that I am physically fit and sufficiently trained for completion of this event and a licensed medical doctor has verified any physical condition within the last six months. Further, I hereby grant full permission to any and all of the foregoing to use my photographs, videotapes, motion pictures, recordings, and any other record of this event for any purpose without compensation or remuneration. I also give my permission and consent to act in my behalf to authorize medical treatment should it be required.

Please check: One mile fun run _____ 5K _____

Name: _____ Birth date: _____ Age (day of race): _____

Address-Street: _____ Male: _____ Female: _____

City, State, Zip Code: _____

****EMAIL:** _____ Phone: _____

Signature: _____

Participant's signature; parent or guardian's signature if under 18 years old

Please choose size: (Available to first 100 entrants and to all children whose 1.0 mile Fun Run entries are postmarked by March 31st, limited supply of t-shirts for sale at the award ceremony)

Adult: Small _____ Med _____ Large _____ X-Large _____ Children: Medium (10-12) _____ Large (14-16) _____

FYI - Route 85 will be closed at 9:45 AM. From 9:45 until 11:00 you will not be able to enter or leave the Salem School parking lot by car. Suggestion: park at Round Hill Road athletic fields.

Parking: Available at the Town Green, Town Hall, Salem Library and Round Hill Road Athletic Facilities.

Parking along Route 85 will not be allowed by Connecticut State Police.